



# Genesis REPORT

## Coaches' Corner

New Start, New Life  
(902) 252-9595  
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www.gerryleet.com

*"Discover secrets that will change your life"*

### Governor Eliot Spitzer of New York (Vice & Virtue?) Obstacles in Life

What happened to this crime buster? Why did it happen?

He was known as "Mr. Clean" but as the sordid details unfold daily, we find that the once respected public leader has been caught in the very "vices", he had campaigned against. He was "Client #9" in a prostitution ring, and reportedly, this was not his first encounter. There is some detail suggesting many thousands of dollars were spent by this corruption fighting politician.

The circumstances may reveal some surface reasons why, but what really happen to Gov. Eliot Spitzer? How could he become so blinded to his own vices and at the same time be a tyrant against others and their behavior?

I recall the judge in my case

recounting, "let none of us be smug in this courtroom today, because there is a bit of Gerry Leet in each of us."

Is there, resident in everyone, the potential to fail and fall? Many of us do not violate the laws of the land, but falter in other areas of life. If so, what are the factors or characteristics that make each of us stumble in relationships, careers, or family life?

Did Gov. Spitzer recognize his own arrogance as a possible problem in life? Others noticed a negative current webbed in his personality that sabotaged his life. We all have personal weaknesses and they can be the root cause of much unhappiness. Undesirable personality traits can be changed. Each day provides new opportunities to adjust or change these harmful traits, but it cannot happen successfully by our human will power. I have discovered a new way to change and live free of our

vices and failures? (read my book/*Shattered By Pride*)



*"It takes an entire village to prevent crime"*

### Community Thoughts On Crime Prevention:

1. Close our Canadian prisons and sent inmates to the Mexican jails
2. Young Offenders Act is failing everyone
3. More police officers means more arrests and more prisons
4. Singapore has strict laws but lots of freedom
5. Why do lawyers lie for their clients
6. I can kill someone with my car and get probation
7. Judges are people too but do they live in our world
8. I don't know if bundles of money is the answer to Crime Prevention

(What do you think?)

Email us at:

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### Crime Prevention

Governor Spitzer

*"There is hope beyond human hope!"*

*The Hidden Truth- This is the real "Secret"*

*Flashback and Shame*

*The Lucifer Effect*

*Obstacles in Life*

*The Real Secret*

*Next Issue: Changing Your Nature / Chemistry of Relationships*

### ***"There is hope beyond human hope!"***

Gerry's story: He once had it all, or so it seemed; prestige, position, a beautiful wife and family. He was well liked and respected. Yet, he lost it all! What led this former police officer to such uncharacteristic behavior and risk everything that he held dear in life? The moment he was arrested, he began to wake up to the deception in his heart and thus began a long and deep search for the reasons, why? Gerry, now uses that failure to help and warn others of the high cost of negative thoughts and actions. It could be criminal or just wrong choices in life that you can't discern or "see."

## The Lucifer Effect (Understanding How Good People Turn Evil)

Dr. Philip Zimbardo is a renowned social psychologist from Stanford University and creator of the landmark Stanford Prison Experiment. He is also author of a powerful and illuminating account in his newest book called, "The Lucifer Effect." It is a story about how, ordinary people begin to engage in evil deeds. This journey first began with his experiment at Stanford in 1971 where a mock prison was erected and staffed by students who were be paid \$15 a day. (\$77 today) The experiment was to last for almost two weeks, but had to be stopped at the end of six days. The pretend guards became abusive and some of the inmates started to display psychological problems. It is a fascinating study, how "situational" circumstances can cause normal people to reveal dark and hidden corners of their personality. Dr. Zimbardo found the same conclusions during his investigation of the guards at Abu Ghraib prison in Iraq. The soldiers were ordinary people who came from stable and responsible homes, but the conditions brought out the worst in them. He contends that there is a dark side to human nature that is common to all humanity. Who or what can protect us from ourselves? We all seem to be capable of wrongful behavior and acts!

"for evil to triumph is for good men to do nothing" (Edmund Burke)

"One in every 100 Americans adults is in jail , " In the last twenty years prison spending has ballooned from 11 billion to 49 billion!

Something is wrong!



*Some obstacles in life will stop you dead in your tracks!*

## Obstacles in Life

Some of us in life, are born with obstacles to face. We can't explain this mystery and we know, life is not fair at times. It is what we do with those challenges that make or break us. We turn to alcohol, drugs, sexual addiction, food, shopping, television or anger, to "run" from the unwanted problem or barrier in our path. We avoid any confrontation with it.

None of us are insulated from adversity, however that blockage in our life may be an opportunity in disguise. We "resist" awakening to it, just like your vehicle that has a problem and needs attention. We ignore it, and it gets worse.

Perhaps there is something your spouse is telling you, that needs adjustment or correction. However, our pride will not legitimize that observation and suddenly, the marriage is in trouble. When we think the obstacle is "their problem", it may be the complete opposite.

A crime or any act of human violation begins as a thought, and what we do with that thought is vital. Whether it is an impaired driver, a shoplifter or an adulterous, there will be consequences for the wrong behavior. Crime or any social deviance has hidden factors in our negative thought patterns, that we can be blind to. It is not easy and each of us has the potential to make unwise choices. But, there is another way to disarm the temptations and obstacles. I found out the hard way! Visit my web page for more information!

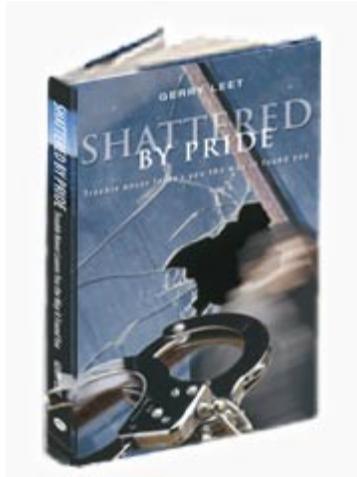
## **The Hidden Truth— This is the Real “Secret”**

It is not that popular to expound anything to do with faith these days, and I do understand that perspective. I had rejected it for many years, as not being relevant to daily life. However, I discovered in the midst of my shame and despair, a hidden treasure in faith. I was learning things, that my university education was unable to teach me about life. While training for Christian ministry, there was one course in particular that taught about our “conscience.” It suggested that we can “sear” or deaden our conscience by committing wrong acts and thoughts consistently. We ignore the small things, and then silently, we can deceive ourselves into a partial or total disregard of our inner voice to slow down, change course or stop.

We all have desires and cravings from our humanness or “flesh,” that bombard us daily. Dr. William Irvine, Professor of Philosophy at Wright State University, explained in his book, “On Desire,” that we have many natural desires. However, we must learn to control some desires or they will control us. We are at civil war with desires that conflict with social norms. We must do the practical things to avoid caving to the pressure, but sometimes we still fail.

Big crime, little crime, big lie or a little deception, all have the same source. They are found in the human heart, and we don’t have much of a chance without a “heart with conscience.”

I don’t pretend to have all the answers to life’s puzzlements of human desires and failures, but I believe there is “hidden truth” and an inner strength, that can be found in faith. I discovered peace and purpose in my Christian faith and an exciting spiritual life. I still fail at times, but I know this “Hidden Truth” is the “Real Secret,” for a successful life.



**Order Gerry’s book  
“Shattered By Pride”  
On line  
[www.gerryleet.com](http://www.gerryleet.com)**

**"Pride had so  
gripped my heart that  
I was blind"**

**"I think in this book you will find some  
of yourself. Find out how you can  
change your life to avoid  
disappointments, discouragements,  
and deceptions."**

Next issue will have available to order, a Life Changing CD and Workbook to master our inner challenges!

## **Flashback and Shame**

It has been over twenty years since my own shame and disgrace. You can view my story on [www.gerryleet.com](http://www.gerryleet.com). It has been said by well meaning people that in time you will learn to forget but there are some things you can’t forget.

Recently, I was a witness to five young offenders committing a B&E and property damage and chased them from the scene. At the same time during my intervention, I called 911 and through some excellent efforts by police, they were all apprehended. While I was providing a written statement sitting in the police car, the investigating officer had to leave the police vehicle. He was updating the police dogmaster, who was going to track the area where the five youths were being held. I "suddenly" was overcome with guilt, shame and embarrassment for my own acts of deceit. It was an intense flashback of worthlessness and a sick feeling of how I had hurt so many people and embarrassed the criminal justice field. I want to warn those five young offenders of the irreversible consequences of negative actions in life. If only we can reach our youth with the message that “crime really does not pay.” It is a life sentence of regret. It is only my faith that sustains me and provides me a joyful hope, everyday.

**“An Inspiring Life Coach”**

***“change your thinking and change your world”***